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The Study Skills Handbook was developed out of Stella Cottrell's experience of working with students. Subsequent editions have been developed using feedback from students and lecturers who have used the book. The current, fourth edition of The Study Skills Handbook was published in 2013. The Lifelong Learning Centre

### **Stella Cottrell - Wikipedia**

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This is a no-nonsense, practical guide to help students maximise their potential during their time at university. It is packed with sensible suggestions, self-check tables and illustrations, and is printed in blue ink to aid dyslexics.

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